So far, we have:

- the primal direction, given by:

$$
\mathcal{E}=\nu X^{-1} \odot X^{-1}, \mathcal{F}=\mathcal{I}, R_{E F}=\nu X^{-1}-S,
$$

- the dual direction, given by:

$$
\mathcal{E}=\mathcal{I}, \mathcal{F}=\nu S^{-1} \odot S^{-1}, R_{E F}=\nu S^{-1}-X,
$$

- the HRVW-KSH direction, given by:

$$
\mathcal{E}=\mathcal{I}, \mathcal{F}=X \odot S^{-1}, R_{E F}=\nu S^{-1}-X
$$

- and the AHO direction, given by:

$$
\mathcal{E}=S \odot I, \mathcal{F}=X \odot I, R_{E F}=\nu I-\frac{1}{2}(X S+S X) .
$$

Note that every direction/method has a dual obtained by re-writing (P) in dual form, rewriting (D) in primal form, applying the original direction/method to the new problems at the iterate ( $S, X$ ), and obtaining $(\Delta S, \Delta X)$.

The dual of the primal (dual) direction is the dual (primal) direction, and the AHO direction is self-dual. The dual of the HRVW-KSH direction is called the "dual HRVW-KSH direction" and is defined by:

$$
\mathcal{E}=S \odot X^{-1}, \mathcal{F}=\mathcal{I}, R_{E F}=\nu X^{-1}-S
$$

Before putting these directions (except for the first two) into a common framework, we revisit the question of whether the directions are well-defined.

Proposition 1 Suppose that $G \succ 0, H \succ 0$. Then, $G \odot H$, viewed as an operator on $\mathbb{M}^{n}$, is selfadjoint and positive definite. Moreover, $(G \odot G)^{-1}=G^{-1} \odot G^{-1}$.

Proof: Choose $U, V \in \mathbb{M}^{n}$. Then,

$$
\begin{aligned}
U \bullet(G \odot H)(V)= & \operatorname{trace}\left(U\left(\frac{1}{2} G V H+\frac{1}{2} H V G\right)\right) \\
= & \frac{1}{2} \operatorname{trace}(U G V H)+\frac{1}{2} \operatorname{trace}(U H V G) \\
= & \frac{1}{2} \operatorname{trace}\left(\left(H^{1 / 2} U G^{1 / 2}\right)\left(G^{1 / 2} V H^{1 / 2}\right)\right)+\frac{1}{2} \operatorname{trace}(G V H U) \\
= & \frac{1}{2} \operatorname{trace}\left(\left(H^{1 / 2} U G^{1 / 2}\right)\left(G^{1 / 2} V H^{1 / 2}\right)\right)+ \\
& \frac{1}{2} \operatorname{trace}\left(\left(H^{1 / 2} U G^{1 / 2}\right)\left(G^{1 / 2} V H^{1 / 2}\right)\right) \\
= & \left(G^{1 / 2} U H^{1 / 2}\right) \bullet\left(G^{1 / 2} V H^{1 / 2}\right) \\
= & \left(G^{1 / 2} V H^{1 / 2}\right) \bullet\left(G^{1 / 2} U H^{1 / 2}\right) \\
= & V \bullet(G \odot H)(U) .
\end{aligned}
$$

In particular if $V=U$, we get

$$
U \bullet(G \odot H)(U)=\left\|G^{1 / 2} U H^{1 / 2}\right\|_{F}^{2}>0
$$

for $U \neq 0$.
Hence, in all the examples above, $\mathcal{E}$ is self-adjoint and positive definite, and so $\mathcal{E}^{-1} \mathcal{F}$ is positive definite for the primal, dual, HRVW-KSH, and dual HRVW-KSH directions.

This omits the AHO direction, which may not be well-defined, as we will see in the following example.

## Example 1

$$
\begin{gathered}
m=1, A_{1}=\left(\begin{array}{cc}
-1 & \sqrt{2} \\
\sqrt{2} & 0
\end{array}\right) \\
X=\left(\begin{array}{cc}
1 & \sqrt{2} \\
\sqrt{2} & 3
\end{array}\right), S=\left(\begin{array}{cc}
1 & 0 \\
0 & 11
\end{array}\right) .
\end{gathered}
$$

Then, $\mathcal{A E} \mathcal{E}^{-1} \mathcal{F} \mathcal{A}^{*}$ is a $1 \times 1$ matrix. We start by computing $\mathcal{F} \mathcal{A}^{*}$ as follows.

$$
\begin{aligned}
\mathcal{F} \mathcal{A}^{*}=\mathcal{F} A_{1} & =\frac{1}{2}\left(X A_{1}+A_{1} X\right) \\
& =\frac{1}{2}\left(\left(\begin{array}{cc}
1 & \sqrt{2} \\
2 \sqrt{2} & 2
\end{array}\right)+\left(\begin{array}{cc}
1 & 2 \sqrt{2} \\
\sqrt{2} & 2
\end{array}\right)\right) \\
& =\left(\begin{array}{cc}
1 & 3 / \sqrt{2} \\
3 / \sqrt{2} & 2
\end{array}\right)
\end{aligned}
$$

Next, we compute $\mathcal{E}^{-1} \mathcal{F} A_{1}$. Recall that $\mathcal{E}=S \odot I$. So,

$$
\begin{aligned}
(S \odot I)\left(\begin{array}{ll}
a & b \\
b & c
\end{array}\right) & =\frac{1}{2}\left(S\left(\begin{array}{cc}
a & b \\
b & c
\end{array}\right)+\left(\begin{array}{ll}
a & b \\
b & c
\end{array}\right) S\right) \\
& =\frac{1}{2}\left(\left(\begin{array}{cc}
a & b \\
11 b & 11 c
\end{array}\right)+\left(\begin{array}{ll}
a & 11 b \\
b & 11 c
\end{array}\right)\right) \\
& =\left(\begin{array}{cc}
a & 6 b \\
6 b & 11 c
\end{array}\right)
\end{aligned}
$$

which means that

$$
(S \odot I)^{-1} \mathcal{F} A_{1}=\left(\begin{array}{cc}
1 & \frac{1}{2 \sqrt{2}} \\
\frac{1}{2 \sqrt{2}} & \frac{2}{11}
\end{array}\right)
$$

obtained by reversing the action of $(S \odot I)$, by dividing the off-diagonal entries by 6 and the $(2,2)$ entry by 11.

Hence,

$$
A_{1} \bullet \mathcal{E}^{-1} \mathcal{F} A_{1}=\operatorname{trace}\left(\left(\begin{array}{cc}
-1 & \sqrt{2} \\
\sqrt{2} & 0
\end{array}\right)\left(\begin{array}{cc}
1 & \frac{1}{2 \sqrt{2}} \\
\frac{1}{2 \sqrt{2}} & \frac{2}{11}
\end{array}\right)\right)=0
$$

Moreover, the corresponding right-hand side is $-\mathcal{A E} \mathcal{E}^{-1} R_{E F}$, which turns out to be nonzero for any positive $\nu$. Therefore, there is no solution to the system.
[In fact, the $A H O$ direction is well-defined if $(X, y, S) \in \mathcal{N}_{\infty}(\beta)$ for $\beta<\frac{1}{\sqrt{2}}$, as we shall see.]

We now see how all of our directions can be viewed in a unified framework, as follows:

- First, apply a similarity transformation to the last equation, to get:

$$
P \tilde{X} \tilde{S} P^{-1}=\nu I,
$$

where $P \in \mathbb{R}^{n \times n}$ is invertible.

- Then, symmetrize the left-hand side, to get

$$
\frac{1}{2} P \tilde{X} \tilde{S} P^{-1}+\frac{1}{2} P^{-T} \tilde{S} \tilde{X} P^{T}=\nu I .
$$

Note that this also defines the central path, since $P \tilde{X} \tilde{S} P^{-1}$ is similar to $\tilde{X}^{1 / 2} \tilde{S} \tilde{X}^{1 / 2}$, which is symmetric. So, it has all real eigenvalues, and we can use the same argument we used for the AHO direciton.

- Now, linearize at the current iterates to get

$$
\begin{aligned}
\frac{1}{2} P \Delta X S P^{-1} & +\frac{1}{2} P^{-T} S \Delta X P^{T}+\frac{1}{2} P X \Delta S P^{-1}+\frac{1}{2} P^{-T} \Delta S X P^{T} \\
& =\nu I-\frac{1}{2} P X S P^{-1}-\frac{1}{2} P^{-T} S X P^{T},
\end{aligned}
$$

or,

$$
\left(P \odot P^{-T} S\right)(\Delta X)+\left(P X \odot P^{-T}\right)(\Delta S)=\nu I-\frac{1}{2} P X S P^{-1}-\frac{1}{2} P^{-T} S X P^{T}
$$

Or, pre-multiplying by $P^{T}$ and post-multiplying by $P$ :

$$
(M \odot S)(\Delta X)+(M X \odot I)(\Delta S)=\nu M-\frac{1}{2} M X S-\frac{1}{2} S X M,
$$

where $M:=P^{T} P \succ 0$.
We observe that $\Delta X$ and $\Delta S$ depend on $P$ only through $M:=P^{T} P$. So, we can assume that $P=M^{1 / 2} \succ 0$.

Note that

- If $M=I, P=I$, then we get the AHO direction.
- If $M=X^{-1}, P=X^{-1 / 2}$, then we get the dual HRVW-KSH direction.
- If $M=S, P=S^{1 / 2}$, then we get (after pre and post-multiplying by $S^{-1}$ ) the HRVW-KSH direction.

This way of deriving the HRVW-KSH directions is due to Monteiro. So, we'll use "HKM" and "dual HKM" to refer to these directions from now on.

Zhang developed the approach for general $P$, so any such direction is in the MZ (Monteiro-Zhang) family.

Note: If we scale the problems as follows:

$$
\begin{aligned}
\tilde{X} & \rightarrow \hat{X}=P \tilde{X} P^{T} \\
\tilde{S} & \rightarrow \hat{S}=P^{-T} \tilde{S} P^{-1},
\end{aligned}
$$

then $\tilde{X} \tilde{S}$ is transformed to $\hat{X} \hat{S}=P \tilde{X} \tilde{S} P^{-1}$. Hence, the MZ approach can be viewed as scaling $\tilde{X}$ to $\hat{X}=P \tilde{X} P^{T}$ and $\tilde{S}$ to $\hat{S}=P^{-T} \tilde{S} P^{-1}$, applying the AHO formula in the scaled space, and then scaling the directions back to get

$$
\begin{aligned}
\Delta X & =P^{-1} \widehat{\Delta X} P^{-T} \\
\Delta S & =P^{-1} \widehat{\Delta S} P
\end{aligned}
$$

Remark 1 The AHO scaling leaves $X$ and $S$ unchanged. The HKM scaling sends $X$ to $S^{1 / 2} X S^{1 / 2}$ and $S$ to $I$. The dual HKM scaling sends $X$ to $I$ and $S$ to $X^{1 / 2} S X^{1 / 2}$. Also note that the last two directions make the scaled iterates commute.

## Another viewpoint on scaling

Think of $X$ as the matrix representation of a self-adjoint, positive definite linear operator $\chi: V \rightarrow V^{*}$ from an $n$-dimensional real vector space $V$ into its dual, $V^{*}$. Then, let $\langle\cdot, \cdot\rangle \rightarrow \mathbb{R}$ be the pairing of $V^{*}$ and $V$, so

$$
\langle\chi v, \bar{v}\rangle=\langle\chi \bar{v}, v\rangle
$$

and

$$
\langle\chi v, v\rangle>0, \forall v \neq 0,
$$

since $\chi$ is self-adjoint and positive definite.
Choose a basis $\left(b_{1}, \ldots, b_{n}\right)$ in $V$ and let $X$ be the matrix with entries:

$$
x_{i j}:=\left\langle\chi b_{j}, b_{i}\right\rangle
$$

for all $i, j$.
If instead we use the basis $\left(c_{1}, \ldots, c_{n}\right)$ with

$$
c_{i}=\sum_{k=1}^{n} p_{i k} b_{k}
$$

where $P=\left(p_{i k}\right)$ is an invertible matrix, then the new representation turns out to be $P X P^{T}$.
Similarly, view $S$ as the matrix representation of $\sigma: V^{*} \rightarrow V$, also self-adjoint and positive definite, with

$$
s_{i j}=\left\langle b_{i}^{*}, \sigma b_{j}^{*}\right\rangle,
$$

where $\left(b_{1}^{*}, \ldots, b_{n}^{*}\right)$ is a basis for $V^{*}$. In particular, we choose $b_{1}^{*}, \ldots, b_{n}^{*}$ as the dual basis, with:

$$
\left\langle b_{i}^{*}, b_{j}\right\rangle=\delta_{i j}=\left\{\begin{array}{ll}
0, & i \neq j \\
1, & i=j
\end{array} .\right.
$$

Then, under the corresponding change of dual bases, $S$ transforms to $P^{-T} S P^{-1}$.
Also, $X S$ is a matrix representation of $\chi \sigma$, where

$$
\chi \sigma: V^{*} \rightarrow V^{*}, \sigma \chi: V \rightarrow V .
$$

So, trace $(\chi \sigma)=\operatorname{trace}(\sigma \chi)$ makes sense, but $\chi \sigma+\sigma \chi$ does not!

