## Diameters of Polyhedra

So far we have seen some bad news regarding bounds for diameters of polyhedra:

- The number of vertices can be super-exponential;
- The Hirsch conjecture fails.

In this lecture we will have some good news:

- The Hirsch conjecture holds for some polyhedra;
- There is a subexponential bound on $\Delta(d, n)$ (but not polynomial).

Lemma 1 Let $P$ be a d-polyhedron with $n$ facets. Choose $0 \neq a \in \mathbb{R}^{d}$ and $a_{0} \in \mathbf{R}$ so that

$$
P \subseteq\left\{x \in \mathbf{R}^{d}: a^{T} x \geq a_{0}\right\} \text { and } P^{\prime}=\left\{x \in P: a^{T} x=a_{0}\right\}
$$

is nonempty. Then $P^{\prime}$ is a $d^{\prime}$-polyhedron with $n^{\prime}$ facets, $d^{\prime}<d$, $n^{\prime}<n$, and all vectors of $P^{\prime}$ are vertices of $P$, with two adjacent in $P^{\prime}$ if and only if they are adjacent in $P$.


Figure 1: Example of $P$ and $P^{\prime}$ polyhedra for a 3-dim hyperrectangle.
Proof: Exercise.
Definition $1 A(0,1)$-polytope in $\mathbb{R}^{d}$ is the convex hull of a subset of the ( 0,1$)$-vectors in $\mathbb{R}^{d}$.
Theorem 1 (D. Naddef, 1989) If $P$ is a (0,1)-polytope in $\mathbf{R}^{d}$ with $n$ facets, then $\delta(P) \leq$ $\min \{d, n-d\}$.

Proof: (of Theorem 1) (i) We need $\delta(P) \leq d$. We proceed by induction: true for $d=1$. Suppose it is true for dimension less than $d$, and consider a $(0,1)$-polytope $P$ of dimension $d$. Let $v$ and $w$ be vertices of $P$. If $v_{i}=w_{i}=0$ for some $i$, then choose $a=e_{i}$ and $a_{0}=0$ in the lemma, and note that $v$ and $w$ are vertices of the $(0,1)$-polytope $P^{\prime}$ of lower dimension, so $d_{P}(v, w) \leq d_{P^{\prime}}(v, w) \leq d^{\prime}<d$, so we are good. Similarly, if $v_{i}=w_{i}=1$ for some $i$. So,
assume $v=0$ and $w=e$. Then any edge from $v$ goes to a vertex $u$ of $P$ with some $u_{i}=1$. So, $d_{P}(v, w) \leq d_{P}(v, u)+d_{P}(u, w) \leq 1+(d-1)=d$.
(ii) We now show $\delta(P) \leq n-d$ by induction on $d$.

If $v$ and $w$ both lie on the same facet $F$, say defined by $a^{T} x=a_{0}$, of $P$, then $a \neq 0$ implies, say, $a_{d} \neq 0$, and then

$$
F=\left\{x \in P: a^{T} x=a_{0}\right\}=\left\{\left(x_{1} ; \ldots ; x_{d}\right) \in P: x_{d}=\frac{a_{0}-a_{1} x_{1}-\cdots-a_{d-1} x_{d-1}}{a_{d}}\right\} .
$$

Look at $P^{\prime}=\left\{\tilde{x}:=\left(x_{1} ; \ldots ; x_{d}\right) \in \mathbf{R}^{d-1}:\left(x_{1} ; \ldots ; x_{d-1} ; \frac{a_{0}-a_{1} x_{1}-\cdots-a_{d-1} x_{d-1}}{a_{d}}\right) \in F\right\}$, a $(0,1)$ polytope in $\mathbf{R}^{d-1}$ with at most $n-1$ facets: then $d_{P}(v, w) \leq d_{P^{\prime}}(\tilde{v}, \tilde{w}) \leq(n-1)-(d-1)=n-d$, by the induction hypothesis.
If $v$ and $w$ do not lie on a common facet, there must be at least $2 d$ facets ( $d$ for $v, d$ for $w$ ) and $d_{P}(v, w) \leq d=2 d-d \leq n-d$.

There is an alternative proof for $\delta(P) \leq d$ that goes as follows.
Take any vertices $v$ and $w$, and without loss of generality assume $v=0$. Consider minimizing $e^{T} x$ over $P$ by the simplex method with some anti-cycling rule, starting at $w$. Since the objective is integer on vertices, with initial value at most $d$ and final value 0 , this means at most $d$ nondegenerate steps.

Now we prove the following theorem. We will use the lemma above several times. Also, we use the easily established fact that $\Delta(d, n)$ is monotonic in $n$ for fixed $d$.

Theorem 2 (Basically Kalai-Kleitman) For $1 \leq d \leq n, \Delta(d, n) \leq d^{\log n}=n^{\log d}$.
Here, the logarithms are to base 2. Note that the $\log$ of both $d^{\log n}$ and $n^{\log d}$ is $(\log d)(\log n)$, polynomial in $\log d, \log n$. So this bound is quasipolynomial. The proof uses the following lemma.

Lemma 2 (Kalai-Kleitman) For $1 \leq d \leq\left\lfloor\frac{n}{2}\right\rfloor, \Delta(d, n) \leq(d-1, n-1)+2 \Delta\left(d,\left\lfloor\frac{n}{2}\right\rfloor\right)+2$.
Proof: (of Lemma 2) Choose a $d$-polyhedron $P$ with $n$ facets and two vertices $v$ and $w$ so that $d_{P}(v, w)=\Delta(d, n)$. Without loss of generality, we can assume $P$ is simple, so that all vertices lie on exactly $d$ facets. If $v$ and $w$ both lie on a common facet $P^{\prime}$, then $d_{P}(v, w) \leq \Delta(d-1, n-1)$. Suppose not. Let $k_{v}$ denote the largest $k$ so that there is a set $\mathcal{F}_{v}$ of at most $\left\lfloor\frac{n}{2}\right\rfloor$ facets with all paths from $v$ of length at most $k$ meeting only facets in $\mathcal{F}_{v}$. This makes sense since paths of length 0 meet only $d$ facets, while paths of length $\delta(P)$ meet all $n$ facets. Define $k_{w}$ and $\mathcal{F}_{w}$ similarly.

Claim $1 k_{v} \leq \Delta\left(d,\left\lfloor\frac{n}{2}\right\rfloor\right)$.
Proof: (of Claim 1) Let $P_{v}$ denote the $d$-polyhedron defined by the $m\left(=\left|\mathcal{F}_{v}\right| \leq\left\lfloor\frac{n}{2}\right\rfloor\right)$ inequalities defining the facets in $\mathcal{F}_{v}$. Choose a shortest path in $P$ from $v$ of length $k_{v}$ to a vertex of $P$, say $t$.

Claim 2 This is also the shortest path in $P_{v}$ from $v$ to $t$.
Indeed, any shorter path cannot be a path in $P$, so it would have to meet a facet of $P$ not in $\mathcal{F}_{v}$. But this is a contradiction.

So $k_{v}=d_{P}(v, t)=d_{P_{v}}(v, t) \leq \Delta(d, m) \leq \Delta\left(d,\left\lfloor\frac{n}{2}\right\rfloor\right)$, establishing Claim 1. Similarly, $k_{w} \leq \Delta\left(d,\left\lfloor\frac{n}{2}\right\rfloor\right)$.

By definition, if we allow ourselves to go at most $k_{v}+1$ steps from $v$, we can reach a set $\mathcal{G}_{v}$ of facets with $\left|\mathcal{G}_{v}\right|>\left\lfloor\frac{n}{2}\right\rfloor$. Similarly, if we allow ourselves to go at most $k_{w}+1$ steps from $w$, we can reach a set $\mathcal{G}_{w}$ of facets with $\left|\mathcal{G}_{w}\right|>\left\lfloor\frac{n}{2}\right\rfloor$. So, there is a facet, say $G$, in both $\mathcal{G}_{v}$ and $\mathcal{G}_{w}$, and a vertex $t$ in $G$ with $d_{P}(v, t) \leq k_{v}+1$ and a vertex $u$ in $G$ with $d_{P}(w, u) \leq k_{w}+1$. Then,

$$
\begin{aligned}
d_{P}(v, w) & \leq d_{P}(v, t)+d_{P}(t, u)+d_{P}(w, u) \\
& \leq d_{P}(v, t)+d_{G}(t, u)+d_{P}(w, u) \\
& \leq k_{v}+1+\Delta(d-1, n-1)+k_{w}+1 \\
& \leq \Delta(d-1, n-1)+2 \Delta\left(d,\left\lfloor\frac{n}{2}\right\rfloor\right)+2
\end{aligned}
$$

Proof: (of Theorem 2) By induction on $d+n$.

- $d=1: \quad L H S=R H S=1$.
- $d=2: \quad L H S=n-2<n=R H S$.
- $d=3$ : If $n<6$, then any two vertices are on a common facet, so $\Delta(3, n) \leq \Delta(2, n-1) \leq$ $n-3<n^{\log 3}$. If $n \geq 6$, by the lemma,

$$
\begin{aligned}
\Delta(3, n) & \leq \Delta(2, n-1)+2 \Delta\left(3,\left\lfloor\frac{n}{2}\right\rfloor\right)+2 \\
& =(n-3)+2\left(3^{\log \left\lfloor\frac{n}{2}\right\rfloor}\right)+2 \\
& \leq n-1+2\left(3^{\log n-1}\right) \\
& =n-1+\frac{2}{3} \cdot 3^{\log n}
\end{aligned}
$$

so we want $n-1 \leq \frac{1}{3} \cdot n^{\log 3}$. You can check that this is true for $n=6$. The derivative of its left-hand side is 1 , and the derivative of its right-hand side is $\frac{\log 3}{3} \cdot n^{\log 3-1}>1$ for $n \geq 6$, and thus it is true for all $n>6$.

- $d \geq 4$ : If $n<2 d$, any two vertices lie on a common facet, so their distance is at most $\Delta(d-1, n-1)$.
- $d \geq 4$ and $n \geq 2 d$ : If $n=8$ (so $d=4$ ), two vertices not sharing a facet can be joined by

$$
\underbrace{1}_{a}+\underbrace{\Delta(3,7)}_{b} \leq 1+3^{\log 7} \leq 4^{\log 7} \leq 4^{\log 8}
$$

steps, where the term $a$ represents any bounded edge from one vertex and the term $b$ represents the steps from the resulting vertex to the other vertex in some facet.

- $d \geq 4$ and $n \geq 2 d$ : The only remaining case is $n \geq 9$, so $n-1 \geq 8$, and $\log (n-1) \geq 3$. By Lemma 2,

$$
\begin{aligned}
\Delta(d, n) & \leq \Delta(d-1, n-1)+2 \Delta\left(d,\left\lfloor\frac{n}{2}\right\rfloor\right)+2 \\
& \leq(d-1)^{\log (n-1)}+2 d^{\log n-1}+2 \\
& =\left(\frac{d-1}{d}\right)^{\log (n-1)} d^{\log (n-1)}+\frac{2}{d} \cdot d^{\log n}+2 \\
& \leq\left(\frac{d-1}{d}\right)^{3} d^{\log n}+\frac{2}{d} \cdot d^{\log n}+2 \\
& =d^{\log n}-\frac{3}{d} \cdot d^{\log n}+\frac{3}{d^{2}} \cdot d^{\log n}-\frac{1}{d^{3}} \cdot d^{\log n}+\frac{2}{d} \cdot d^{\log n}+2 \\
& =\left(1-\frac{1}{d}+\frac{3}{d^{2}}-\frac{1}{d^{3}}\right) d^{\log n}+2 \\
& \leq\left(1-\frac{1}{d}+\frac{3}{4 d}-\frac{1}{d^{3}}\right) d^{\log n}+2 \\
& =d^{\log n}-\frac{1}{4 d} \cdot d^{\log n}-\frac{1}{d^{3}} \cdot d^{\log n}+2 \\
& \leq d^{\log n},
\end{aligned}
$$

since each of the subtracted terms is at least 1 .

